



Engaging all Veteran Service Organizations and our Community. Together we can save lives by protecting those who protected us.

AMVETS ONE

Leaving No Veteran Behind –

Raising Awareness of Veteran Suicide and mental Health within our families and communities.

Increase awareness of Resources, Educate and Innovate through

Technology. Promote and Motivate Well-Being against Depression and Advocate to Save Lives.

Together we can save lives by protecting those who protected us.

“Healing, Hope & Honor

Resources

Veterans Crisis Line

www.veteranscrisisline.net

Veterans Crisis Line Chat

www.veteranscrisisline.net/get-help-now/chat

Vet Center

www.vetcenter.va.gov

National Resource Directory

www.nrd.gov

988 Suicide & Crisis Lifeline - formerly "Suicide Prevention Lifeline"

www.988lifeline.org

National Institute of Mental Health (NIH)

www.nimh.nih.gov/health/topics/suicide-prevention

Stop Soldier Suicide

www.stopsoldiersuicide.org/vet-stats

RAND Corporation: Suicide Among Veterans

www.rand.org/pubs/perspectives/PEA1363-1.html

PRA: Policy Research Associates

www.prainc.com/22-veteran-suicides-a-day/

American Foundation for Suicide Prevention

www.afsp.org/suicide-prevention-resources/

Centers for Disease Control and Prevention (CDC)

www.cdc.gov/suicide/resources/index.html

Substance Abuse and Mental Health Services Administration (SAMHSA)

www.samhsa.gov/find-help/988

International (links and resources for suicide prevention)

www.medicalnewstoday.com/articles/327007#international-hotlines-and-resources

Anytime, day or night – 24/7

If you are a Veteran in crisis or concerned about one, connect with our caring, qualified responders for confidential help. Many of them are Veterans themselves.

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- [Call 988 and select 1](#)
 - [Text 838255](#)
 - [Start a confidential chat](#)
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- [For TTY, call 711 then 988](#)
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VA.Gov Resources 24/7

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Many of them are Veterans themselves.

Call **988** and press **1**.

Text **838255** to start a CONFIDENTIAL chat.

Call TTY if you have hearing loss at **800-799-4889**

Need help finding a VA location?

<https://www.va.gov/find-locations> Get

more resources at: VeteransCrisisLine.net



Click on the QR code to learn more